# Making Choices at Home: A Guide for 21st Century Juniors



Making Choices at Home (21st Century Junior Library: Smart Choices) by Anna Walker ★ ★ ★ ★ ★ ★ ↓ 4 out of 5 Language : English File size : 8448 KB Screen Reader : Supported Print length : 24 pages



In the 21st century, children are faced with more choices than ever before. From what to wear to what to eat to how to spend their free time, kids have a lot of decisions to make. This can be overwhelming for some children, and it can be difficult for parents to know how to help their children make wise choices.

Here are a few tips for parents on how to help their children make choices at home:

#### 1. Talk to your child about choices

The first step is to talk to your child about choices. Help them to understand what choices are and why they are important. Explain that everyone makes choices, and that some choices are good and some choices are not so good.

### 2. Give your child practice making choices

The best way to help your child learn how to make choices is to give them practice. Let them make choices about small things, such as what to wear or what to eat for breakfast. As they get older, you can give them more responsibility for making choices about bigger things, such as how to spend their free time or what activities to participate in.

#### 3. Help your child to evaluate choices

Once your child is comfortable making choices, help them to learn how to evaluate them. Talk to them about the pros and cons of each choice, and help them to think about the consequences of their decisions.

#### 4. Support your child's choices

It is important to support your child's choices, even if you do not agree with them. Let them know that you are there for them, and that you will help them to learn from their mistakes.

#### 5. Be a role model

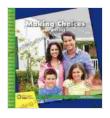
One of the best ways to teach your child how to make good choices is to be a good role model. Show them how you make choices, and explain your reasoning behind your decisions.

#### 6. Be patient

Learning how to make good choices takes time. Be patient with your child, and don't get discouraged if they make mistakes. Just keep talking to them about choices, and help them to learn from their experiences.

Helping your child to learn how to make choices is an important part of parenting. By following these tips, you can help your child to develop the

skills they need to make wise decisions throughout their lives.



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