2024 NFL Week 1 Picks: Jack Kanski's Predictions and Analysis

The 2024 NFL season is finally upon us, and it's time to make some predictions. Week 1 is always an exciting time, as we get to see how all the new teams and players look. There are always some surprises, and there are always some disappointments. But that's what makes the NFL so great. Anything can happen.

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2024 NFL week 4 picks by Jack J. Kanski

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I've been studying the matchups for Week 1, and I've come up with my predictions for every game. Here they are:

THURSDAY NIGHT FOOTBALL

Buffalo Bills (-7) at Los Angeles Rams

The Bills are the defending AFC champions, and they're looking to start the 2024 season with a win. They'll be facing a Rams team that is coming off a disappointing season. The Rams lost their last five games of the 2023

season, and they finished with a 5-12 record. The Bills are the better team, and I think they'll win this game by a touchdown or more.

Prediction: Bills 31, Rams 24

SUNDAY EARLY GAMES

Cincinnati Bengals (-3.5) at Pittsburgh Steelers

The Bengals are coming off a Super Bowl appearance, and they're looking to make another run in 2024. They'll be facing a Steelers team that is rebuilding. The Steelers lost their starting quarterback, Ben Roethlisberger, to retirement, and they're not expected to be a contender in 2024. The Bengals are the better team, and I think they'll win this game by a field goal or more.

Prediction: Bengals 27, Steelers 24

Baltimore Ravens (-6.5) at New York Jets

The Ravens are one of the most talented teams in the NFL, and they're looking to start the 2024 season with a win. They'll be facing a Jets team that is coming off a 4-13 season. The Jets are not expected to be a contender in 2024, and I think the Ravens will win this game by a touchdown or more.

Prediction: Ravens 34, Jets 20

Jacksonville Jaguars (-1.5) at Houston Texans

The Jaguars are coming off a surprising 9-8 season in 2023, and they're looking to take the next step in 2024. They'll be facing a Texans team that is rebuilding. The Texans finished with a 3-14 record in 2023, and they're

not expected to be a contender in 2024. The Jaguars are the better team, and I think they'll win this game by a field goal or more.

Prediction: Jaguars 24, Texans 21

Carolina Panthers (-3) at Cleveland Browns

The Panthers are coming off a 6-11 season in 2023, and they're looking to improve in 2024. They'll be facing a Browns team that is also coming off a 6-11 season. The Browns are not expected to be a contender in 2024, and I think the Panthers will win this game by a field goal or more.

Prediction: Panthers 23, Browns 20

New England Patriots (-7) at Miami Dolphins

The Patriots are coming off a disappointing 8-9 season in 2023, and they're looking to get back to the playoffs in 2024. They'll be facing a Dolphins team that is also coming off an 8-9 season. The Dolphins are not expected to be a contender in 2024, and I think the Patriots will win this game by a touchdown or more.

Prediction: Patriots 31, Dolphins 24

SUNDAY LATE GAMES

New York Giants (-2.5) at Tennessee Titans

The Giants are coming off a surprising 9-8 season in 2023, and they're looking to take the next step in 2024. They'll be facing a Titans team that is coming off a disappointing 7-10 season. The Titans are not expected to be a contender in 2024, and I think the Giants will win this game by a field goal or more.

Prediction: Giants 23, Titans 20

Philadelphia Eagles (-4.5) at Detroit Lions

The Eagles are coming off a Super Bowl win in 2023, and they're looking to repeat as champions in 2024. They'll be facing a Lions team that is coming off a 9-8 season. The Lions are not expected to be a contender in 2024, and I think the Eagles will win this game by a touchdown or more.

Prediction: Eagles 34, Lions 27

Los Angeles Chargers (-3) at Las Vegas Raiders

The Chargers are coming off a disappointing 9-8 season in 2023, and they're looking to get back to the playoffs in 2024. They'll be facing a Raiders team that is also coming off a 9-8 season. The Raiders are not expected to be a contender in 2024, and I think the Chargers will win this game by a field goal or more.

Prediction: Chargers 26, Raiders 23

New Orleans Saints (-1.5) at Atlanta Falcons

The Saints are coming off a 7-10 season in 2023, and they're looking to improve in 2024. They'll be facing a Falcons team that is also coming off a 7-10 season. The Falcons are not expected to be a contender in 2024, and I think the Saints will win this game by a field goal or more.

Prediction: Saints 24, Falcons 21

Chicago Bears (-2.5) at Kansas City Chiefs

The Bears are coming off a 3-14 season in 2023, and they're looking to improve in 2024. They'll be facing a Chiefs team that is coming off a Super Bowl appearance. The Chiefs are expected to be a contender in 2024, and I think they'll win this game by a touchdown or more.



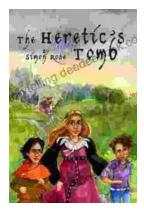
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